

LIFT LOS ANGELES

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Background/Significance

Background/Significance of LIFT Los Angeles

LIFT Los Angeles is a 501(c)(3) nonprofit organization that provides support and resources to low-income families in Los Angeles County. The organization was founded in 2008 and has since grown to serve over 100,000 families annually. LIFT's mission is to help families overcome barriers to economic stability and improve their quality of life. The organization provides a variety of services, including job training, financial counseling, and housing assistance. LIFT is committed to empowering families and helping them achieve their dreams.

Abstract

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This abstract describes the LIFT Los Angeles program, which is a community-based organization that provides support and resources to low-income families in Los Angeles County. The program was founded in 2008 and has since grown to serve over 100,000 families annually. LIFT's mission is to help families overcome barriers to economic stability and improve their quality of life. The organization provides a variety of services, including job training, financial counseling, and housing assistance. LIFT is committed to empowering families and helping them achieve their dreams.

Resources for mental health services.



Resources to obtain High School Diploma

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June 2016 EDITION

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June 2016 EDITION

RENTAL LISTINGS

June 2016 EDITION

Purpose

The purpose of the project at LIFT is to help families break the cycle of poverty. We help our members with anything from finding housing, building a resume, finding a job, going back to school, and even just the simple things like being able to keep shoes on their feet and food on the table, helping families with their social, personal and financial well being.

Methods

At LIFT we try to establish a partnership relationship with our members. Reminding them that we work together to accomplish the goals they have set for themselves. At LIFT our intervention begins with our member understanding that accomplishing goals takes time, patience and dedication. We work one on one with our members on one single goal at a time. On our profiles we list goals and with these goals are action steps. For example, trying to find a new job begins with the first action step of building a resume. Each goal has their own action steps towards completion.

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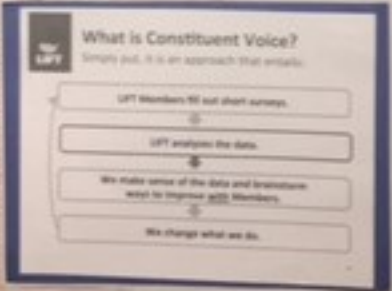
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Lessons Learned

Some of the lessons that one as an advocate learns is that each and every single one of us has our own personal unique strength. We may not see it at first, but working together as partners towards goals as advocates we begin to see beyond our member's struggles. Another very important lesson learned was to understand that sometimes our members need local immediate help, rather than referrals. Sometimes, a member will no longer continue services because they are in search for immediate support and that is okay. Some future directions could potentially being our own resources that could help on an different care levels.



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